



ACTION, ADVENTURE, TREATS & EATS

BC LIONS FOOTBALL D5

Cheer on the home team as the BC Lions take on their rivals in Canadian Football League action. Part of Canada's only nationwide professional sports league, the BC Lions provide an exciting, affordable form of sports entertainment for the whole family. The Lions play ten home games each season at BC Place, the world's largest air-supported stadium. Tel. 604-589-ROAR www.bclions.com

Bear Creek Park Train G9

Train rides from the centre of the park into the forest every day from 10 a.m. Special attractions at Easter, Canada Day, Halloween and Christmas. Theme displays in the tunnel. Souvenirs, refreshments and birthday parties in the station. King George Hwy @ 88th Avenue, Surrey. Tel. 604-501-1232. Check hours of operation at www.bctrains.com

Bloedel Conservatory F5

Step into the exotic world of Vancouver's only tropical paradise. Enjoy year-round floral displays and over 50 kinds of exotic birds under a magnificent triodetic dome. Gift shop. Open 7 days a week. Located atop Queen Elizabeth Park, 33rd Avenue at Cambie St., Vancouver. 24 hour Info Line 604-257-8570

Bose corn maze H9

It's amazing, a 15 acre maze with 12 ft tall walls of corn. As we say "GET LOST". Marshmallow roasts in the evenings. Children can also enjoy: Mini maze, bale jump sand box and swing set. Two (30X50") tents, picnic tables, bbq, available to all our guests. Great fun for all day or night mazes. 16390 – 64th Avenue, Surrey. 604-576-8997 www.cornfieldmaze.com or email: mjbose@telus.net

The Bug Lab Invertebrate Zoo f8

Become a Junior Entomologist and visit a Bug Lab with over 30 live and large exotic bugs housed in a safe and educational environment. Interactive family fun. 604-523-BUGS (2847), 616 Columbia Street, New Westminster, Open W, TH, F, Sa, Sun. Off HWY #1 Brunette Exit, 40-A. 1 1/2 blocks west of the Columbia Skytrain Station, diagonal from the police station. www.thebuglab.com

Burnaby village MusEUM E8

Life in the 1920s – costumed staff and volunteers welcome visitors into the homes and shops of a traditional village along the BC Electric Railway tram line. An exciting must for every visitor is a whirl on the fully restored historic 1912 CW Parker Carousel. 6501 Deer Lake Avenue.

Tel. 604-293-6500 www.burnabyvillagemuseum.ca

CANDY AISLE CONFECTIONERY E2

Take a trip back to your childhood with those nostalgic candies you probably forgot all about: 300+ Penny Candies, 200+ British Sweets, 100+ Pez, All 50 Official Flavours of Jelly Belly's, 50+ Sugar Free Sweets, 30+ Dutch Liquorice, 21 Colours of M&Ms, 20+ Lollipops, 12 Flavours of Gelato, Triple Decker Cotton Candies... the list goes on and on. The most fun you will have feeling like a kid, with your kids. Oh yeah, there are tons of sweets for the real kids too! Located in the heart of Vancouver's trendy 4th Avenue: 2083 West 4th Avenue, 604-739-3330.
www.candyaisle.com email: info@candyaisle.com

Capilano suspension Bridge A4

The fun begins on Capilano Suspension Bridge, 70 meters above and 137 meters across Capilano River, and takes you to Treetops Adventure, a walk high in the trees giving you a squirrel's eye view of a thriving coastal rainforest. Located at 3735 Capilano Rd., North Vancouver. 604.985.7474 www.capbridge.com

CHILLIWACK CORN MAZE h12

THE MAIZE that started the CRAZE! Enjoy time on the farm. We offer a 9 acre Corn maze, trivia questions will help you through. Enjoy our concession, Picnic Area, Firepits, Peddle carts, Trike Maze, Tag Maze, Bale Maze, Petting Zoo, Corn Sandbox, Corntrain, Hay Rides and Pumpkin Patch. 41905 Yale Road West, Chilliwack, 1 km S.E. of Exit 109 Corner of Yale and Cannor Road. \$1.00 off with mention of this ad. Tel. 1-604-819-6203. www.cornfieldmaze.com

Dinotown™ H12

Dinotown's an entire day of family fun! One ticket gets you 12 acres of live shows, daily parade, safe rides, character meet n' greets, wet fun firehall and beach, special toddler area and onsite Dinersaurus. Tel. 1 800-491-ROAR OR VISIT www.dinotown.com

F440 Racing Challenge Ltd. I1

F440 is Vancouver's largest and fastest go-kart track, featuring double go-karts for ages 4 and up (accompanied by an adult), also featuring go-kart racing for ages 10 and up (4'8" and taller), and Formula 440 racing for ages 19 and up (with a valid driver's licence). Racing starts at \$15. Open year-round, 10 a.m. to dusk. Tel. 604-948-2940. www.f440.com

Fort Langley National Historic Site of Canada G11

Unforgettable stories and interactive demonstrations make Fort Langley a great place to visit. Observe the art of barrel making, hear the ringing of the blacksmith's anvil, dress up in 19th century clothing

or plunge your hands into the cool water to search for gold.
23433 Mavis Ave, Fort Langley. 604-513-4777 www.pc.gc.ca/fortlangley

Granville Island Waterpark E4

Visit the Island's free waterpark. This supervised park has a large and small water-slide, a water play area and a playground plus free summer activities. Open May 21 – September 5, hours vary.
Information: Tel. 604-666-5784 www.granvilleisland.com

Greater Vancouver Zoo H11

Step into the Wild at the Greater Vancouver Zoo! Over 700 animals on 120 acres. Lions, tigers, bears, giraffes, hippos and many more! Ride our Safari Express Miniature Train or our Free North American Wilds Bus Tour. Enjoy our picnic facilities. Feel free to bring your bicycles, in-line skates, skateboards or wagons. Group rates available. Located in Aldergrove. Tel. 604-856-6825 www.gvzoo.com

GROUSE MOUNTAIN, THE PEAK OF VANCOUVER A6

Your unforgettable adventure begins with an aerial journey on the Grouse Mountain Skyride. Then, visit two grizzly bear cubs and four grey wolves at the Refuge for Endangered Wildlife, catch an exciting Lumberjack Show, witness the world's fastest birds in a falconry demonstration, and much more. Tel. 604-980-9311. www.grousemountain.com

Gulf of Georgia Cannery National Historic Site of Canada H1
Fishing for family fun? Catch the fascinating history of the West Coast fishing industry at this historic salmon cannery. Dynamic multi-media exhibits, 'hands-on' activities, guided tours, machine demonstrations & surround-sound theatre. 12138 - 4th Avenue, Richmond (Steveston). Open April – October. Call for hours.
Tel. 604-664-9009. www.pc.gc.ca/gulfofgeorgiacannery

The Hangout indoor climbing centre G4

Come and experience the thrill of indoor rock climbing in a safe and fun environment. We offer the very best for everyone from beginners to the seasoned climber. Whether you're looking to take a course or just come in and climb, we do it all – we specialize in groups and birthday parties as well as summer camps for kids and training for both competitive and outdoor climbing. The Hangout offers the ultimate in fun and fitness for all ages – call us or visit our website to find out more. #520 – 3771 Jacombs Road (the corner of Jacombs and Rowan – 2 blocks South of Ikea.)
604-276-0012 www.hangoutclimbing.com

harbour centre tower C6

They say that you see things differently through the eyes of a

child. A visit to the top of Harbour Centre Tower is clear evidence of that. It all begins with squeals of excitement in the glass-enclosed elevators. Time spent on top provides a new perspective as helicopters fly by and cars look like miniature toys. Eye Spy worksheets encourage parents and children to discover more about Vancouver. To prepare for your visit – print the Eye Spy worksheets and quizzes from the website. www.vancouverlookout.com Easily accessible by public transit, Harbour Centre Tower is located at 555 West Hastings Street, downtown Vancouver. 604.689.0421

honeybee centre G10

Come in and get buzzed! Honeybee Centre is a hive of fun, learning and loads of sweet stuff. Check out the wall of live bees, hive demonstrations, honey tasting and much more. We are open everyday 9 a.m. until 6 p.m. Admission is free. Guided farm tours are \$8 per person for a minimum of 12 people per group. We are located on the corner of Fraser Hwy. and 176th Street in Surrey. Tel. 604-575-2337 www.honeybeecentre.com

Kids Market E4

For kids and kids at heart, the Kids Market provides a unique shopping and fun-filled experience for kids of all ages. Twenty-eight shops on two levels open daily 10 a.m. – 6 p.m. Free events and play area. For more info, call 604-689-8447. www.kidsmarket.ca

Ladner Leisure Centre I2

What are you waiting for? We have warm water, a beach-entry pool, a water slide and lots of cool toys. Did you miss the last Dive-in Theatre? Birthday and sleep-over parties can be arranged... can you say karaoke? Try out our climbing wall and water wheel. Great fitness opportunities, too! Only 20 minutes from Downtown Vancouver and 10 minutes from the Ferries! For more information please call us at 604-946-3310. www.corp.delta.bc.ca

Lynn Canyon Ecology Centre A6

Located in Lynn Canyon Park, the Ecology Centre is a natural history museum with a twist. Our displays are hands-on and interactive and we show nature videos, too! It's a great way to learn about the plants and animals of the coastal temperate rainforest, as well as environmental concerns. Admission by donation. Groups must book in advance. For information, call 604-981-3103 or visit our website at www.dnv.org/ecology/

Maplewood Farm B8

Located in the heart of North Vancouver, this 5 acre Park/Farm is home to approximately 200 domestic animals and birds. Offering

a milking demonstration daily at 1:15 pm and seasonal pony rides for 6 months of the year. Open year-round, Tuesday through Sunday, open daily July and August. Hours are always 10 a.m. – 4 p.m. Tel. 604-929-5610. www.maplewoodfarm.bc.ca

MEADOWS MAZE E11

Take a comfortable drive to the country and test your navigational skills at Meadows Maze. More than just a maze, other attractions include a Petting Zoo, Bee Observatory, “Lions” Goat bridge, Hay wagon rides and Meadows Mountain. New for 2005 is Corny’s maze train! Tour groups, family or school reunions, small or large party bookings welcome. Open July 23 – October 10th. 13672 Reichenbach Road, Pitt Meadows, BC Tel. 1-604-460-0603. www.meadowsmaze.com email: info@meadowsmaze.com

Minoru Aquatic Centre H1

Located in Richmond’s City Centre, this facility has both 25 and 30 metre pools, a tot pool, and two whirlpools. Diving boards, rope-swing and a slide too! Floating mats and toys are available for you to enjoy your swim. Tel. 604-718-8020. 7560 Minoru Gate, Richmond. www.richmond.ca

Mount Seymour A7

Ski, Snowboard, Snow Tube & Snowshoe located 30 minutes from Vancouver, Mount Seymour is a complete winter mountain facility offering quality lesson programs, equipment and clothing rentals, snowshoe drop-in tours, adventurous snow tubing, tobogganing, shuttle service and much more. Tel. 604-986-2261 www.mountseymour.com

Newton Wave Pool G9

Drop by the Home of the Big Kahuna for a day of wild, wet and wacky fun!

- Games, fun and prizes every day
- Interactive Water Fortress
- Two giant waterslides
- The Biggest Waves in the West!

Hand in this flyer when paying for a swim admission and receive a complimentary admission for your next swim! For public swim times call 604-501-5540. Located at 13730 – 72 Avenue, Surrey

PLANET LAZER G1, f9, h10

Fun for all ages. Canada’s largest laser tag centres. Drop in with a friend or make reservations for your group! We do great parties!! 10:30 a.m. to 10:30 p.m. 7 days a week. Richmond 604-448-9999, Langley 604-514-2282 or

New Westminster 604-515-4244. www.planetlazer.net

PLayland c7

BC's famous amusement park features over 30 exhilarating rides, unique attractions and fun midway games! Playland is also home to Kids Playce, a special zone filled with soft-play areas and exciting rides for kids under 48 inches! Open from April 23 – October 2, Playland is sure to provide fun and excitement for the entire family! Visit www.pne.ca for more information or call 604-253-2311

RAFTING FOR FAMILIES A1

Get out of the city and come experience all that Super, Natural British Columbia has to offer! Just a short drive from both Vancouver and Whistler, this is the only rafting adventure custom designed for families like yours with children as young as 5. Your river journey lasts upwards of 90 minutes and features a relaxing river float with enough splashes mixed in to keep your kids excited. If safety is a concern, our professionally certified guides, state-of-the-art rafts, and top-of-the-line equipment provide you with the highest level of protection and comfort available in the industry. If you're without a car, our exclusive Raft Shuttle service will pick you up at your hotel and escort you to our adventure base and back. Rafting for Families is an excellent opportunity to reconnect with your family, show your kids an awesome time, and enjoy the incredible beauty British Columbia has to offer. Our staff will help to make this an experience you'll never forget.
Tel. 1-800-565-8735 www.canadianoutback.com

Richmond Go Kart Track H2

Come check out one of the best family go-kart tracks around! Racing style, single and two seater go-karts – fun for all ages. Full concession, arcade and large covered picnic area. Birthday party, group and corporate packages available. Open March thru October, noon to dusk (weather permitting). Call for more details. 6631 Sidaway Road, Richmond BC, 1 block south of the Richmond Auto Mall on Sidaway Road. Tel. 604 278-6184, email info@richmondgokarts.com or visit our website at www.richmondgokarts.com

Science World & The Alcan OMNIMAX® Theatre D6

Join us on a voyage of discovery and ignite your imagination at Science World! Explore our latest feature exhibits, hands-on interactive displays and special events. Check out our spectacular OMNIMAX films on one of the world's largest dome screens. On-site Triple O's restaurant and unique gift shop. 1455 Quebec Street, Vancouver. 24hr recorded information: 604-443-7443 www.scienceworld.ca

SERPENTINE WILDLIFE AREA h8

Duck, duck, goose! Wander the trails and climb the lookout towers to see birds and wildlife at Ducks Unlimited Canada's wetland project at King George Hwy & 44th Ave, Surrey. Picnic tables and stroller friendly, 9:00am – 5:00pm daily. Visit www.ducks.ca or call 604-592-0987

SPLASHDOWN PARK I1

Get Wet! Stay Cool! At Greater Vancouver's only water park... Splashdown Waterpark. Open Victoria Day to Labour Day. Acres of fun, sun and water rides. Tel. 604-943-2251 www.splashdownpark.ca
Located off Hwy. #17, 5 minutes before the Tsawwassen Ferry Terminal.

Stanley Park C3

The Children's Farmyard and Miniature Railway are a must! Visit our large family of common and rare breed farmyard animals. And take a train ride through the great Stanley Park forest. The 2nd Beach Pool is the hot spot this summer with heated waters overlooking beautiful English Bay. Play a round at the putting green or the spectacular 18 hole, par 3, pitch & putt course. Hop on the free Stanley Park Shuttle Bus, running round the Park every 15 minutes daily from June 14 through to September 18. Tel. 604-257-8400. www.vancouverparks.ca

Stanley Park Horse Drawn Tours C4

Step aboard one of our old-fashioned horse-drawn vehicles and meander in comfort through the natural beauty of Stanley Park. A professional guide fully narrates your exploration. The one-hour tours depart from beside the information booth on Park Drive, just off the Georgia Street entrance to Stanley Park, every 20 to 30 minutes. Mar 1-14 10:30 a.m. – 3 p.m.; Mar 15-31 9:40 a.m. – 4 p.m.; Apr 1-Jun 30 9:40 a.m. – 5 p.m.; Jul 1-Sept 5 9:30 a.m. – 5:30 p.m.; Sept 6-30 9:40 a.m. – 5 p.m.; Oct 1-31 9:40 a.m. – 4 p.m. No Reservations required. \$22.42/Adults, \$19.99/Seniors & Students and \$13.50/Children. Tel. 604-681-5115. www.stanleypark.com

STORYEUM C6

Experience Vancouver's newest family entertainment attraction. This live theatrical adventure under the historic streets of Gastown takes you on a memorable journey through British Columbia's dramatic past. Meet colourful characters in 7 separate stages, as history comes alive around you through stories and song. Open year round. Show tours throughout the day. Info: 604.687.8142 or 1-800-687-8142, 142 Water Street, Gastown www.storyeum.com

Trans Canada Waterslide H12

10 exciting heated waterslides including the black hole and the rapids river ride. Great Kiddies slides, giant hot tub, and 18 hole Mini-Golf. Enjoy flame broiled burgers from our concession, or cool off with an

icecream from our icecream/coffee shop. Large picnic area with many covered tables. Take exit 135 off Hwy 1, 10 minutes East of Chilliwack. Next to Dinotown and Camperland. Open May 21, 10 – 6, for weekends only. Open June 18, 10 – 8, everyday until Labour Day. Admission is \$12 anyone/anyday. 3 and under are free. Afternoon sliding from 5 – 8 is \$7. Special rates for prebooked groups and birthday parties. Rentals available for lifejackets and lockers. Tel. 1-604-794-7455 Toll free: 1-888-883-8852 www.transcanadawaterslides.com

TWO TO DO IN SQUAMISH

EXPERIENCE BC'S MINING AND RAILWAY ROOTS! a2

Two attractions in the Squamish area offer families 'Two to Do'.

Train rides, activities, exploring and family fun are highlights at both. Large trucks and trains will delight young and old. BC Museum

of Mining, 1-800-896-4044, www.bcmuseumofmining.org and

West Coast Railway Heritage Park, 604-898-9336, www.wcra.org

U.B.C. Aquatic Centre E1

The UBC Aquatic Centre consists of two 50m pools (1 indoor, 1 outdoor) and is equipped with diving boards from 1 to 10m.

Large inflatable toys, inner tubes, floating mats, basketball nets.

Tel. 604-822-4522. www.aquatics.ubc.ca

VANCOUVER AQUARIUM C3

Located in Stanley Park, the Aquarium is home to more than 60,000 strange and wonderful creatures from the Arctic,

Amazon, Tropics and Canada's wild West Coast. Experience daily whale shows, shark dives and sea otter feeds. Find out

how you can get up close with beluga whales, otters and

sea lions in our Trainer Tours. On-site café and souvenir shop.

Open every day 10 a.m. – 5:30 p.m. with extended summer hours.

Walking distance from downtown.

#19 Bus. 604-659-3474 www.vanaqua.org

Vancouver Canadians Professional Baseball Club F5

Come see the Vancouver Canadians Professional Baseball

Club, future stars of the Oakland A's. Enjoy a Hot-Dog

in the beautiful outdoor setting of the best little ball park in

the World – Nat Bailey Stadium! The C's play from June – Sept.

For schedule & ticket info please call our Box Office:

604-872-5232. www.canadiansbaseball.com

WaterMania G4

Facility Excellence Award Winner! Wave pool! Waterslides!

Interactive Water Play Features, Sprays & Toys! Other facility

features: 50 metre pool with diving boards and five metre

platform, fitness centre, whirlpools, sauna and steam rooms,
plus a concession. Tel. 604-448-5353. 14300 Entertainment Blvd.,
Richmond.(Hwy 99 – Exit 32 – Steveston Hwy – East) www.richmond.ca

XCALIBUR BOWLING & ENTERTAINMENT G7

Surrey's ultimate entertainment centre for the whole family!
10 Pin bowling with automatic scoring, video arcade, pool
tables, bumper bowling, fully licensed restaurant and Sports Bar.
We specialize in group and birthday parties! Xtreme Bowling
available Friday & Saturday nights and Sunday afternoons.
Open 7 days a week. Tel. 604-580-2600. www.xcaliburbowling.com

WHITE SPOT RESTAURANTS

Join us for breakfast, lunch or dinner and discover
why White Spot has been British Columbia's favourite
neighbourhood restaurant since 1928. One-of-a-kind taste is
just one of the things that makes White Spot so special.
Variety is another. From our award winning Triple "O" burgers
served with fresh cut fries, to our fresh salads, AAA steaks,
BC chicken, pastas and stir-frys, there's truly something on
the menu for everyone. Oh, and the little mates will love our
Pirate Pak – a complete kids meal served in a fun cardboard boat. www.whitespot.com